



Meat & Fish

Ever since 1983, restaurant Panorama has been serving delicious traditional dishes. We always take care with great devotion all of our prime materials. We use exclusively olive oil that we produce from our land and we are select daily from local markets only the most fresh fish and meat so that you can enjoy a healthy meal full of flavours. Our family goal is to offer you tasteful memories.

We thank you for the trust you show us and we would like to welcome you to an even more delicious voyage.

> With great love and respect **Anastasas Family**

We are always willing to listen your comments and observations. Greek extra virgin olive oil and Greek feta cheese are used in both preparation & cooking. Sunflower oil is used in frying.

> Prices include all the taxes. Person responsible: Anastasas Tsampikos

www.panoramatsampikas.gr









Breads

- Solution Village style bread 1.50€ baked in wood-fired oven
 - Saked bread 2.00€ with olive oil and oregano
- Pita bread on the grill 1.00€
 - **③** Garlic bread 3.00€

Salads

- **③** Greek salad 9.00€
- Panorama salad 10.00€ lettuce, rocket, Greek barley rusks, tomato, cucumber, parmesan, sundried tomato, capers
 - © Green salad 5.00€
 - Fantasy salad 11.00€
 spinach, rocket, lettuce, cherry tomatoes,
 manouri cheese, Greek barley rusks,
 carob, nuts, molasses

Starters

- Tzatziki 4.50€
- Spicy feta dip 5.50€
- © Eggplant salad 6.50€
- Tresh greens boiled 6.00€
- Feta cheese in the oven 5.50€
- - © Cheese balls 7.50€
- Stuffed courgette flowers 7.00€ with four cheese blend

Stuffed grape leaves (Dolmades) 9.00€

- Mixed fried vegetables with garlic dip 7.00€
 - Trench fries 4.50€

Pitaroudia (rissoles) 6.00€

© Eggplant Panorama 7.50€
eggplant roasted with garlic, oregano, parsley,
olives, feta cheese, regato cheese

Tigania Panorama (sautéed) 9.50€ sautéed pork with eggs, potatoes, grated cheese

Classic tigania (sautéed) 9.50€ sautéed pork with tricolore peppers, onion, spicy

Sautéed liver 9.50€

© Garlic mushrooms 6.50€

Village style omelette 5.00€ with tomatoes and eggs

Village style sausage 6.00€

Seafood mezes

Salted mackerel 6.00€

Shrimps saganaki 16.00€

Symi's baby shrimps sauté 14.00€

Cuttlefish fried with ink 14.00€

Grilled octopus 16.00€

Fried squids 15.00€

Grilled squid 18.00€

Sea urchin salad 18.00€

Steamed mussels in white sauce 13.00€

Mussels saganaki 15.00€

Fish - Seafood

Fish soup 14.00€

Fish A' 60.00€/kg

Golden grouper, White seabream, Red seabream, Common dentex, White grouper, Dusky grouper, Striped red mullet

Fish B' 40.00€/kg

Skorpion fish, Red mullet, Saddled seabream

Fresh fish portion 17.00€

Grilled sardines portion 9.00€

Pearly razorfish "Rouzetia" with or without garlic dip 60.00€/kg

Shrimps Nol portion 23.00€

Shrimps Nol 46.00€/kg

Shrimps No0 75.00€/kg

Lobster - Crayfish 75.00€/kg

Pasta

Seafood orzo pasta "Kritharoto" for 2 68.00€

Seafood pasta for 2 65.00€

Pasta with shrimps 23.00€

Pasta with lobster 90.00€/kg

Pasta Bolognese 9.00€

Pasta Napolitana 7.00€

Grilled Meat

Beef fillet 26.00€

Calf veal beef chop 18.00€

Beef steak 16.00€

Calf T-bone (500-600 g.) 25.00€

Pork chop 12.00€

Pork fillet 14.00€

Pork souvlaki (4 pieces) 12.00€

Chicken fillet 12.00€

Handmade meat patty "bifteki" 10.00€

T-bone Black Angus (600g.-700g.) 40.00€

Extra sauce 2.50€ A)sauce à la Crème, b)pepper sauce, c)tomato sauce

Grilled per kilo

Belly pork (500g.) 12.00€ Lamb-goat chops (500g.) 18.00€ Boneless pork chops (500g.) 13.00€

Greek traditional

Moussaka 13.00€ Stifado 13.00€

Meatballs with tomato sauce and French fries 12.00€

Lamb in the oven with potatoes 17.00€

Slow braised lamb (traditional recipe of Crete) 20.00€

Dish of the day (Ask the Waiter)

Kids menu & snacks

Plain omelette 4.00€

Pasta Bolognese 5.00€

Chicken nuggets with French fries 7.00€

Burger patty with potatoes and rice 6.00€

Meatballs with rice 6.00€

Dessert

"Galaktompoúreko" custard filled pastry 6.00€

Baklava 5.00€

Orange pie 5.00€

Kataifi 5.00€

Chocolate pie 5.00€

Yogurt with honey 5.00€

Fresh seasonal fruits 5.00€

Ice cream 7.00€